



Clear Creek Volleyball Policies



The following policies have been established for volleyball players at Clear Creek High School and will be enforced to uphold high standards not only during the playing season, but throughout the year. These policies are to be read, signed by all indicated on the last page, and returned within 24 hours to your coach before you may play.

I. BUS TRIPS

1. Team members must ride with the team to and from all athletic events. Rare exceptions are permitted only if a signed permission form is in place with a principal prior to the trip. Players will only be allowed to use one alternative travel form per season. Forms must be signed by the principal and given to the coach at least 48 hours before the departure time.
2. Team members are expected to inform parents of bus arrival and departure times. Parents are expected to pick up their child within 15 minutes at the latest after the bus has returned to the school.
3. Team members are expected to on time for scheduled departures. The bus will leave at the designated departure time and if players miss the bus, they must find their own way to the destination and are assuming the risk of traveling on their own. Players will be disciplined for being tardy to the bus.
4. Team members are expected to conduct themselves in a proper manner on the bus and are expected to clean the bus and put the windows up before leaving.

II. EQUIPMENT

1. Players will pay for lost or damaged equipment. Reusable equipment is full replacement price.
2. Players will take proper care of all gym facilities and equipment. All players will help to carry equipment on and off the bus and will help to set up and take down the nets.
3. Players must turn in all equipment before they will be released to get a schedule change to their next sport.

III. PRACTICES, GAMES, ETC.

1. Players are expected to be at practice every day. Players missing practices or games for reasons other than illness and family emergencies are subject to dismissal. Routine medical and dental appointments aren't an excuse for missing practices or games. Parents should try to schedule these around volleyball as much as possible.
2. If an athlete misses practice for any reason, she must call the office and let her coach know by 10:00 a.m. The volleyball office phone number is 281-338-5641. Players can also email their coach. This is the player's responsibility, not the parents.
3. Injured athletes are still expected to be present for all practices and games. The only exception is if the athlete is physically unable to be present due to injury.
4. Team members must be present for all Saturday practices and holidays.
5. Athletes will wear no jewelry during practices or games.
6. Cell phone usage is prohibited at all times. The only case when cell phone usage is allowed is to call parents to pick up the athlete. Any time a cell phone is used, it must be approved by the coach. This includes text messaging, checking messages, etc. The phone isn't to be used on even seen.
7. Sub-varsity athletes will stay and watch/cheer for varsity games. Varsity players will watch and support the sub-varsity teams as well. Players are expected to sit as a team and only as a team (i.e. not with friends, boyfriends, etc.)
8. Athletes representing Clear Creek High School must reflect good sportsmanship on and off the court. A team member showing anger at herself, opponents, teammates, or officials will be removed immediately from the event.

9. Athletes are assigned lockers and are responsible for locking up valuables.
10. Athletes are responsible for keeping the locker room and storage areas clean.
11. Players are to never display any public affection at school, at any volleyball event, or at any school function of any kind. Hugs are permitted.

IV. SUBSTANCE ABUSE

1. Substance abuse will not be tolerated during season or during off season. If caught at school, at a school function, or outside of school, the athlete will be disciplined.

V. CODE OF CONDUCT

1. Athletes are expected to follow the student code of conduct.

VI. GRADES

1. Athletes are expected to pass all courses with a 70 or better average. Grade checks will be done every 3 weeks to check progress. Athletes must try to attend tutorials before school rather than miss practice. If not possible, check with your coach. Athletes must attend Tuesday and Thursday after school tutorials from 2:30-3:15 during the volleyball season. The athlete must get their tutorial pass signed by their teacher and bring it with them to practice/game. During the off season, players are expected to attend tutorials if they are struggling with their classes.

VII. DRESS

1. Athletes must wear team uniforms or appropriate dress approved by the coach for all practices and games.
2. Players will dress in an appropriate manner to school and follow the school dress code. Players will also have certain shirts they are expected to wear on game days to school that will be assigned by the team captains.
3. If a player gets a tattoo, it must be covered at all practices, all games, and all CCHS Volleyball functions.

VIII. LETTERING

1. All sub-varsity athletes receive certificates for completing the season.
2. The first letter award on a varsity team is a letter jacket. Players will only receive a letter jacket if they complete the entire volleyball season (don't quit or get kicked off of team) and if they have played in at least 5 varsity matches. The second and subsequent letter awards will be additional bars for the letter jacket.

IX. OFF SEASON

1. Players who do not move on to another sport, are expected to be in the volleyball off season period. Players who do not participate in the volleyball off season or in another sport will not be eligible to make the team the following school year.

X. CHAIN OF COMMAND AND PLAYING TIME

1. If the player wished to have a meeting with the coach to discuss playing time, the player may do this once per season and may request to do this after a practice or during the athletic period. Playing time will not be discussed between coaches and parents.
2. If there are concerns that need to be discussed with the coach that are not playing time related, please follow the chain of command. Athletes must first meet with their individual coach. Then, parents may meet with the coach. If necessary, the chain of command continues with the Head Coach, Campus Girl's Athletic Coordinator, Principal, and then Athletic Director.

XI. DISHONORING THE PROGRAM

1. Players will not do anything to dishonor the volleyball program. If anything is done to dishonor the program, the athlete will be disciplined at the coach's discretion.

CONSEQUENCES FOR POLICIES VIOLATIONS

Dishonoring the Volleyball Program:

disciplined at coach's discretion

Missing the bus:

1st offense- 20 horses in 29 seconds each

next offense- increases by 10 horses for each offense

Unruly bus behavior:

1st offense- 10 horses in 28 seconds each

next offense- increases by 10 horses for each offense

Forgetting practice gear:

1st offense- 5 horses in 25 seconds each

next offense- increases by 5 horses for each offense

Forgetting game gear:

1st offense- 15 horses in 28 seconds each

next offense- increases by 10 horses for each offense

Missing practice for excused reason:

Player will not start the next game

Missing practice for unexcused reason:

Player will not play in next game

Not calling in when missing practice or game:

1st offense- 10 horses in 28 seconds each

next offense- increases by 10 horses for each offense

Wearing jewelry during practice time:

1st offense- 5 horses in 25 seconds each

next offense- increases by 5 horses for each offense

Foul language at any time:

1st offense- 5 horses in 25 seconds each

next offense- increases by 5 horses for each offense

Tardiness for practices, games, or match set up:

1st offense- 5 horses in 25 seconds each

next offense- increases by 5 horses for each offense

Dirty lockerroom:

1st offense- entire team does 2 bear crawls

next offense- increases by 1 bearcrawl for each offense

Cell phone usage:

1st offense- 5 horses in 25 seconds each

next offense- increases by 5 horses for each offense

Public show of affection:

1st offense- 10 horses in 28 seconds each

next offense- increases by 10 seconds for each offense

Alcohol/Tobacco use:

1st offense- 2 week suspension from games, player must shag balls during practice and games, and do 10 horses in 28 seconds following each practice.

2nd offense- suspension from program for 1 year

3rd offense- removed from program

Illicit Drug Use:

1st offense- suspension from program for 1 year

2nd offense- removed from program

ISS:

25 horses in 30 seconds each for each day in ISS and 1 game suspension for each day in ISS

D-Hall:

10 horses in 28 seconds each for each hour of d-hall

N or U for conduct or bad comments on progress report:

10 horses in 28 seconds for each

Not wearing assigned shirt by captains to school:

5 horses in 25 seconds each

Yellow card in game from referee:

25 horses in 30 seconds each

Red card in game from referee:

50 horses in 30 seconds each