

CLEAR CREEK WILDCATS

2022 Summer Strength & Conditioning Camp Registration Form

Men's Campus Coordinator: Dwayne Lane

E-mail: dlane@ccisd.net **Phone:** (281) 284-1760

Dates: June 6th – August 4th

Days: Monday – Thursday (1 Friday Date – July 22nd)

No Camp Dates: July 4th – July 7th & July 18th – July 19th

Time: 7:30 AM – 9:30 AM (Plus up to 1-hour extra, per day, of Sport Specific Drills to be determined by the Head Coach of each sport)

Location: Clear Creek High School: Weight Room – Track – Gyms – Turf Football Field



- SAC is available to all students, in the Clear Creek High School attendance zone, entering grades 7 through 12.
- Workout groups will be coordinated based on age group.
- Registration must be completed before you can work out.
- All participants must have a 2022-2023 physical on file with our Athletic Trainers. *(Important: Your athlete's new physical must be completed on or after April 01, 2022)*
- Questions about physicals need to be directed to our Campus Athletic Trainer, Lorrie Capetillo, at (281) 284-1765 or email at lcapetillo-reeves@ccisd.net .
- All participants will need their 2022-2023 Online Rank One forms completed. Username is your child's last name as it is in Skyward. Password is your child's student ID number. <https://clearcreekisd.rankonesport.com/New/NewAddAthlete.aspx>
- Each athlete must bring their own water each day. It's recommended that each athlete bring a jug of water labeled with their name.

Cost: \$100.00- 8 Week Program

Registration: ATHLETES MUST REGISTER ON-LINE BEFORE BEGINNING SAC CAMP

*** No athlete will be denied participation due to financial hardship. Financial hardship cases will be discussed privately, with discretion, with Coach Lane. If approved, athletes can participate in camp if they have registered on-line. ***

Register and Pay Online at:

<https://ccisd.store.rankone.com/wildcat-strength-conditioning-camp#modal>